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MEDIA ADVISORY

Health Officials Confirm Eight New Cases of COVID-19 in Kern County Residents

March 25, 2020

Kern County, CA – Kern County Public Health Services Department has confirmed that eight more Kern County residents have tested positive for coronavirus disease 2019 (COVID-19). Six live in the Bakersfield West region, one lives in the Bakersfield East region and one lives in the Valley region. Public Health is currently investigating these cases to determine potential exposure sources and any contacts the patients may have had. This brings the total cases of COVID-19 in Kern County residents to 23 and one case in a non-resident.

Kern County Public Health Services recommends the following protective measures:

- Stay at home except for essential needs.
- Wash hands with soap and water often.
- Clean and disinfect frequently touched surfaces daily. Follow package instructions for proper disinfecting.
- Avoid touching eyes, nose or mouth.
- Cover your cough or sneeze with a tissue or your elbow.
- Avoid close contact with people who are sick.
- Stay away from work, school or other people if you become sick.
- Those 65 and older or other high risk groups should self-isolate.

Kern County Public Health continues to work with local health care providers and has plans in place to inform and protect all residents, limit exposures to any new cases if identified, and address concerns as they arise. Visit www.kernpublichealth.com for current information and guidance.