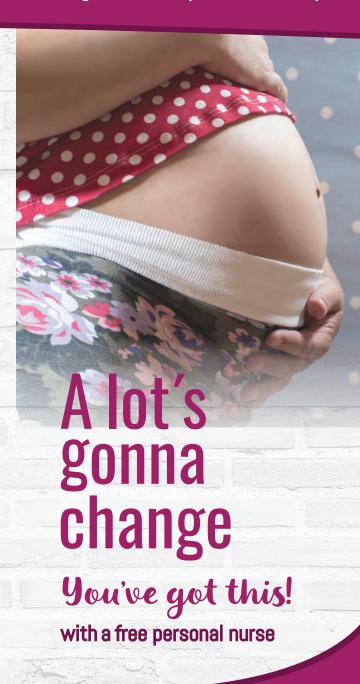


Contact us

to learn more and get connected with your free personal nurse.

Contact Us CALL (661) 321-3000







### What is Nurse-Family Partnership?

Nurse-Family Partnership is free for women who are pregnant with their first baby. When you enroll you will be connected to a registered nurse who will provide the support, advice and information you need to have a healthy pregnancy, a healthy baby and be a great mom.



#### How much does it cost?

Nurse-Family Partnership is free to eligible women.

### Your nurse will support you to:

- Have a healthy pregnancy and a healthy baby.
- Become the best mom you can be.
- Learn and practice things that make you more confident as a mom, like breastfeeding, nutrition, child development, safe-sleep techniques and much more
- Get referrals for healthcare, childcare, job training and other support services available in your community.
- Continue your education, develop job skills or follow your dreams for the future.

## Who can enroll in Nurse-Family Partnership?

Any woman who:

- Is pregnant with her first child
- Is pregnant 28 weeks or less
- Meets incomé requirements
- Lives in an area where Nurse-Family Partnership is available

# Can my baby's father participate?

The father, family members and friends are welcome to participate in the program,

but as the mom, you are the main focus!

