

KERN COUNTY DEPARTMENT OF PUBLIC HEALTH
MATERNAL, CHILD AND ADOLESCENT HEALTH

1800 MT. VERNON AVENUE, BAKERSFIELD, CA 93306

(661) 321-3000 / (800) 974-2717

www.co.kern.ca.us/health

BREASTFEEDING INFORMATION AND ASSISTANCE

MEDI-CAL MANAGED CARE PLANS

Health Net

Breastfeeding and Nutrition Support.....(800) 804-6074
For Health Net members only

Kern Family Health Care

For information and referral.....(800) 391-2000
Health Education Department.....(661) 632-1590
For Kern Family Health Care members only

WOMEN, INFANTS AND CHILDREN PROGRAMS (WIC)

Clinica Sierra Vista

WIC provides 2 prenatal breastfeeding classes along with prenatal nutrition classes and postpartum breastfeeding support to women enrolled in WIC.
Available at all WIC sites

Breastfeeding support groups are held in English and Spanish at the Lamont Community Health Center (8787 Hall Road) and at the Southwest WIC Center at 4621 American Way.
For Clinica Sierra Vista WIC enrollees only

For more information call.....(661) 862-5422

Community Action Partnership

WIC provides 2 prenatal breastfeeding classes along with prenatal nutrition classes and postpartum breastfeeding support to women enrolled in WIC.
Available at all WIC sites

Postpartum support groups are held once a month in both English and Spanish at 500 East California Avenue
For Community Action Partnership WIC enrollees only
For more information call.....(661) 327-3074

HOSPITALS

Delano Regional Medical Center

Agatha Ruiz.....(661) 725-4800
Call main number and ask to be directed to Agatha; she doesn't have a direct line

Kern Medical(661) 326-2742

Bakersfield Memorial Hospital

Breastfeeding Classes \$55 Mon 6-8 PM
*Fee may be waived if it is a financial strain
Must pre-register(661) 327-4647 Ext. 4510
..... Ext. 4780

www.bakersfieldmemorial.org

Support group classes have been canceled until further notice

Mercy Southwest Hospital

Mom to Mom New Mothers Group
www.mercybakersfield.org(661) 663-6067

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Ridgecrest Regional Hospital.....(760) 499-3032
Lorie Ochoa RN

San Joaquin Community Hospital
Lactation Center breastfeeding questions with one-on-one assistance (\$20 fee per couple)
PH.....(661) 869-6438
For questions silvasij@ah.org

La Leche League

Bakersfield.....(661) 438-1518
 Spanish.....(661) 237-5442
Delano.....(661) 446-4532
Tehachapi.....(661) 238-3151
Ridgecrest.....(760) 371-6121
Edwards Air Force Base—Contact Jenni Stuart
 EdwardsAFBLaLecheLeague@gmail.com
 www.lalecheleagueofbakersfield.org

Baby Café Bakersfield

Meets Tues & Fri 10am to 1 pm and Wed 6-8 pm
2416 Bay St
Christine Starlcka.....(661) 243-0135
babycafebakersfield@yahoo.com

WarmLine

Mon – Fri 8:30 am – 4:30 pm PST(661) 323-3531
.....(888) 955-9099
<https://e-warmline.org/>

Private Lactation Consultants (IBCLCs)

Lily Lactation (Kern Family Health Provider)
Erin Wells(661) 717-0878
Erin@lilylactation.com
www.lilylactation.com

Justina Engen, BA, IBC.....(661) 238-3066
growinglovingfamilies@gmail.com

Justine Backhaus LM, CPM, IBCLC(661) 821-0659
mamaforhumankind@aol.com
Moms house 2nd Monday of every month 6:00PM

WIC Lactation Specialist Helpline(800) 472-2321
Kanisha Neal, RD
Kanisha.Neal@dph.sbcounty.gov
Mon, Wed, Thur: 7:30 a.m. – 5 p.m.
Tue: 8:30 a.m. – 6:00 p.m.
Fri: 7:30 a.m. – 4:00 p.m.

24 Hour breastfeeding support2-1-